



BALANCE PSYCHOLOGY

EMPLOYEE ASSISTANCE PROGRAM (EAP)

TYPICAL REASONS STAFF MAY USE AN EAP

- Motivation
- Workplace Conflict
- Family Conflict
- Substance Abuse
- Grief and Loss, Trauma
- Anxiety, Stress and Coping
- Anger
- Health Concerns

IMPROVED WELLBEING & ENGAGEMENT

WWW.BALANCEPSYCHOLOGY.COM.AU



TO LEARN MORE:

BALANCE PROGRAMS

info@balancepsych.com.au

1300 855 601

Experienced APS professional psychologists



BALANCE PSYCHOLOGY



Reduced risk of injury,
cost or conflict in the
workplace



Increased productivity



Greater staff
retention



Improved workplace
culture



Enhanced OHS&E



Increased Job
Satisfaction



Early Intervention

**COST EFFECTIVE
& CONFIDENTIAL**

